

Implications of Islamic Theology on The Psychoanalysis of The Character Ember from The Film Elemental: Forces of Nature

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ABSTRACT

Apart from being an entertainment source, movies can have a deep meaning that benefits life. Some films offer a multidimensional perspective that can be viewed from various aspects. This research explores the psychological condition of Ember, the main character in the film "Elemental: Forces of Nature," through the lens of Sigmund Freud's psychoanalysis and the implications of Islamic theology. The study employs a descriptive qualitative method and analyzes data collected from the film's script and related writings, focusing on Ember's personality and defense mechanisms. At the beginning of the movie, Ember exhibits an unbalanced interplay between her id, ego, and superego, manifesting in her struggle to control her emotions, particularly anger. Freud's psychoanalysis is a comprehensive method but heavily critiqued within Islamic theology for not addressing the aesthetic values of the soul, leading to a perceived dryness. The film portrays Ember as outwardly stable and obedient to her parents, yet internally, she harbors unresolved complaints. Her interaction with Wade, a character embodying the water element who is talkative and enjoys life, aids in stabilizing and enriching her character. The study underscores the Islamic belief that everyone is created in pairs, with diversity as a divine strategy for fostering complementary relationships. The findings highlight the significance of maintaining a balanced lifestyle and adhering to divine guidance for human well-being in the 21st century.

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INTRODUCTION

The burgeoning field of film studies frequently intersects with deep-rooted philosophical and theological questions. In the Pixar movie "Elemental: Forces of Nature," the storyline discusses rich texts for psychoanalytical and theological scrutiny. Despite the film's box office success and favorable audience reception, critical discourse has scarcely explored the more profound implications of its main characters' portrayals, particularly with philosophical theology (Richwine, 2023). The current research seeks to address this gap by analyzing the character of Ember Lumen through the combined lenses of psychoanalysis and Islamic theology.

Situational archetypes offer a robust framework for examining the nuanced portrayal of characters in cinematic narratives (Rina & Samanik, 2023). These archetypes delineate the character's roles and contextualize their psychological and social interactions within the story. Ember Lumen's portrayal in the movie exemplifies a hot-headed yet kind-hearted protagonist navigating the complexities of identity, social expectation, and emotional regulation (Cusson, 2023). Such personality provides fertile ground for examining the interactions of Freudian psychoanalytical theory and Islamic theological perspectives, which evaluate and expand upon Freud's views by emphasizing the soul's aesthetic and spiritual dimensions (Basra, 2023).

"Forces of Nature" film presents an exemplary case for analysis due to its thematic richness and the critical acclaim it has garnered. The film is selected based on its scientific roots in exploring pertinent social issues like xenophobia and racism through the allegorical use of elemental characters. This narrative device captivates the audience and mirrors real-world conflicts and resolutions, providing a contemporary canvas for exploring age-old theological and psychological debates.

While previous literature that analyzed the same movie (Siswandini, 2023 and Khaerunnisa, 2023) had acknowledged the relevance of Ember's character to real-life scenarios, comprehensive studies connecting these observations to broader theological and psychoanalytical theories are still lacking. The current study aims to bridge this gap by deploying speech act theory within pragmatics to analyze how Ember's dialogues and interactions reflect her psychological state and theological implications (Basra, 2023).

The study is expected to make a meaningful contribution to the field. The results of this study will provide critical syntheses on film studies, psychoanalysis, and Islamic theology, offering a multidimensional understanding of a popular film character. The study will extend the discourse on applying speech act theory in media studies, demonstrating how cinematic dialogue can serve as an actant in character development and audience perception. Furthermore, by exploring the intersection of film narrative and philosophical theology, this study contributes to broader discussions on the media's role in shaping and reflecting societal values and individual psychologies. Therefore, the present study aims to relate

the traits and behaviors of the character Ember Lumen to Freudian psychoanalytic concepts and measure how the audience perceives these elements, exploring the implications of these findings through the lens of Islamic theology. This dual methodological framework enriches the research by allowing a deeper exploration of film narratives and their effectiveness in conveying complex psychological and social themes.

METHODS

This research uses a mixed-methods approach that combines qualitative and quantitative methodologies to explore the psychological portrayal of the main characters in the 2023 American animated film *Elemental: Forces of Nature*. The qualitative component utilizes in-depth textual analysis by examining film language, symbolism, and visual storytelling to provide insight into the complexity of human perception, emotion, and social interaction (Ko et al., 2023).

The research method involved several film screenings for qualitative analysis and the distribution of structured surveys for quantitative data collection. Qualitative data includes detailed notes on the film's dialogue, visual cues, and character interactions, which are critically analyzed to explore Ember Lumen's psychological dynamics and align the result with Freudian psychoanalysis. Quantitative data is collected through audience surveys that assess viewers' perceptions and emotional responses, providing statistical evidence of the film's impact. Secondary data from scientific articles, reviews, and books enhance arguments for comparative analysis.

The quantitative aspect includes systematically collecting and analyzing data from the audience and critical responses to measure the impact of a film's themes on various demographics. This approach includes surveys and statistics to quantify audience reception and interpretation of depictions of xenophobia, gender identity, and racism through its elemental characters. Combining quantitative and qualitative methods allows for a more comprehensive understanding of how these themes resonate with a broader audience (Sari et al., 2023).

The reasons for choosing "*Elemental: Forces of Nature*" as the primary data source are multifaceted. The film, directed by Peter Sohn and written by a collaborative writing team, adds elements of allegory with human-like emotional struggles, making it a prime candidate for psychoanalytic and theological examination. The film's exploration of pressing social issues through an allegorical framework that provides relevant reflections on current social challenges offers a rich narrative for psychoanalytic interpretation and audience impact analysis.

In this research, the NVivo software was used to facilitate the combination of qualitative and quantitative methodologies. NVivo, as qualitative data analysis software, allows researchers to import, organize, and analyze data from various sources. NVivo can code and organize qualitative data from film notes,

interviews, or survey responses. Furthermore, NVivo supports thematic analysis that uncovers emerging themes from qualitative data and integrates quantitative results for a more holistic visualization and interpretation (Woolf & Silver, 2017). This approach can offer new insights regarding the dynamics of personality and symbolism in film narratives and dig deeper into the spiritual and communal aspects of the presented characters (Utami et al., 2022). The analysis in this study will enrich our understanding of how characters in films depict complex archetypes or achieve a sense of belonging and contribution to their communities, following the principles proposed by Jung and Adler.

RESULTS AND DISCUSSION

Data Coding

To explore the character dynamics in the film, the relationships and main traits of the critical characters in the film were described and categorized into parent nodes and child nodes (Table 1). The data coding presented in the table is critical for understanding how characters interact and develop throughout the film's narrative.

Table 1. Code

No	Parent Nodes	Child Nodes
1.	Father	Wise, Dedicated, Respected
2.	Mother	Caring, Supportive, Wise
3.	Daughter	Enthusiastic, Intelligent, Uncontrolled Emotions
4.	Other	Casual, Fun, Supportive

"Parent Nodes" and "Child Nodes" serve to understand the character dynamics in the Ember Lumen family from the film "Elemental: Forces of Nature." The father, Bernie Lumen, is described as wise, dedicated, and respected. In NVivo, quotes from the film that demonstrate Bernie's wisdom in giving advice and his dedication to the shop and family will be coded in the nodes "Wise" and "Dedicated." Likewise, the respect Bernie receives from his community will be included in the node "Respected." The motherly character, Cinder Lumen, is described as caring, supportive, and wise. Cinder's behavior, which shows her concern for Ember and the emotional and moral support she provides, will be coded in the nodes "Caring" and "Supportive." Cinder's wisdom in giving advice will also be encoded in the node "Wise."

The daughter, Ember Lumen, has high spirits and is intelligent but unable to control her emotions. NVivo will encode scenes where Ember shows great enthusiasm and intelligence during critical moments in the nodes "Enthusiastic" and "Intelligent." Ember's difficulty in managing her emotions, especially when angry, will be included in the node "Uncontrolled emotions." Other characters, including Wade, with easygoing, fun, and supportive characteristics, will be coded in the nodes "Casual," "Fun," and "Supportive" based on scenes that demonstrate these traits.

Frequency of the 20 Most Frequently Appearing Words

Table 2 presents a frequency analysis of the 20 words that appear most frequently in the texts studied. Each word has details regarding word length, number of occurrences, and percentages that have been adjusted based on its weight in the text. This information helps us understand the word-dominant keywords and the importance of each word in the context of the entire text.

Table 2. Appearing Words Frequency

Word	Length	Count	Weighted Percentage (%)
Ember	5	39	0.09
Wade	4	19	0.04
Dad	3	16	0.04
Cinder	6	8	0.02
Bernie	6	7	0.02
Make	4	7	0.02
Mom	3	7	0.02
Want	4	7	0.02
Really	6	6	0.01
See	3	6	0.01
Also	4	5	0.01
Always	6	5	0.01
Learn	5	5	0.01
Like	4	5	0.01
Lot	3	5	0.01
Maybe	5	5	0.01
Mother	6	5	0.01
Ready	5	5	0.01
Sure	4	5	0.01
Business	8	4	0.01

In text analysis using NVivo, the frequency of words in the dialogue and narration of the film "Elemental: Forces of Nature" shows the importance of each character and theme raised. The word "Ember" appears 39 times with a percentage of 0.09%, indicating the main focus on the character Ember Lumen. The word "Wade" appears 19 times with a percentage of 0.04%, indicating that the character Wade also has a vital role in the story. The words "Dad" and "Cinder" appear 16 and 8 times, respectively, reflecting the importance of father and mother figures in Ember's character development. Additionally, the name "Bernie" appears seven times, signifying the significant role of Ember's father, Bernie Lumen, in the plot.

The analysis also shows the frequency of other words such as "Make" (7 times), "Want" (7 times), and "Really" (6 times), indicating a focus on the characters' desires and efforts in achieving their goals. The word "Business" appears four times, indicating the importance of the family shop as a central element in the narrative. Words such as "See," "Learn," and "Like" appear 6 and 5 times,

respectively, reflecting the themes of learning and self-development experienced by the main characters. Overall, the frequency of these words helps us understand how characters and themes are developed in the film and provides insight into the characters' emotional dynamics and social interactions. Figure 1 illustrates the text coding coverage in percentage after qualitative analysis using N-Vivo.

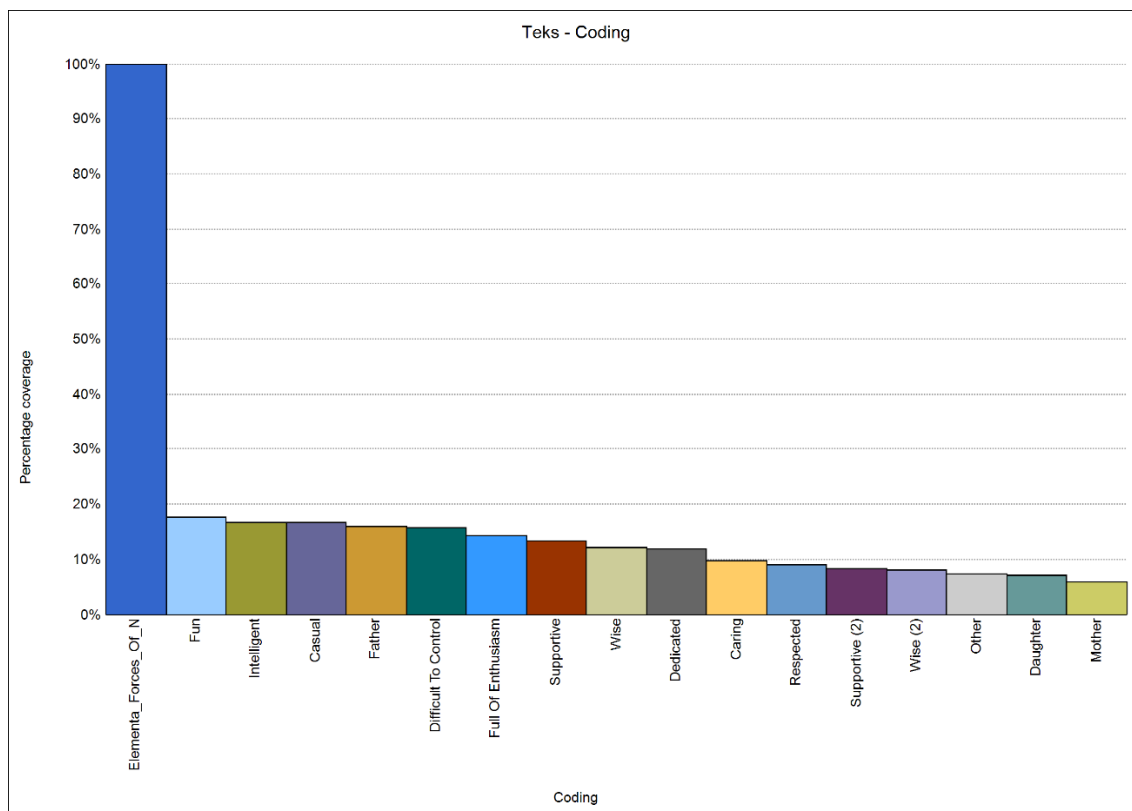


Figure 1. Text Coding Coverage Percentage

Figure 1 highlights that the "Elemental_Forces_Of_N" category has the most significant coverage contribution, indicating that most of the analyzed texts focus on this main theme, which refers to the film's overall context or main narrative. Other categories such as "Fun," "Intelligent," "Casual," "Father," "Difficult_To_Control," "Full_Of_Enthusiasm," "Supportive," "Wise," and "Dedicated" had smaller percentages of coverage, ranging between 10% to 20%. The low supporting coverage implies that although these themes are important in the narrative, they are more limited in scope than the main themes.

Individual characters and their traits through categories such as "Father," "Mother," "Daughter," and "Other" reflect the role of parents and the traits of major characters such as Ember Lumen. Categories such as "Intelligent," "Casual," "Difficult_To_Control," "Full_Of_Enthusiasm," and "Supportive" reflect an in-depth analysis of character traits and emotions. The result describes that coding covers many emotional aspects and characteristics of leading and supporting characters. Overall, the text analysis in NVivo is detailed, covering

the variety of themes and characters that contribute to the overall narrative and providing comprehensive insight into the dynamics of characters and themes in the story.

Discussion

Ember Character in the Film Elemental: Forces of Nature

Ember is a fierce, intelligent, and fiery-fire lady. Ember's parents were immigrants who moved from their hometown of Fireland to Element City. Ember understands her parents' struggle as a first-generation immigrant and wants to prove that she can run the family business - the Fireplace - when her father retires. However, everything changes when Ember forms a friendship with Wade. Wade inspires Ember to learn more about herself and her hidden creative talents. Several films surrounding a similar theme as the Elemental movie have been discussed in previous studies (Kholifah, 2020; Ningrum et al., 2021). However, Ember has a distinctive character from other films.

The movie director Peter Sohn's personal life inspires the story of the Ember family. The director and animator was born to parents who immigrated from Korea and grew up in New York City, United States. Growing up with Korean culture and traditions in America created a cultural clash between the first and second generations. The generation gap inspired Sohn to create the character of Ember and the dynamics of her life with her family (Khaerunnisa, 2023). Apart from immigrant family life, the movie also highlights the relationship between Ember and Wade, who come from different backgrounds. In the initial part of the movie, Ember's parents disapproved of Ember and Wade's relationship, arguing that different elements could not come together. However, these differences produce a unique relationship. Disney uses the term "opposite reactions" because Ember and Wade have different elements. Ember is a fire girl, while Wade is a young man with a body made of water. The two met by chance during an occurrence in the Fireplace shop. This short journey provides an overview of the amazing views of the City of Elements, where the inhabitants of the elements of fire, water, earth, and air live together (Rostanti, 2023).

Sohn states that the bond between Ember and Wade was unforeseen, and numerous amusing and awkward moments happened. Sohn felt personal values in the movie that reflect his relationship with his wife. Sohn is married to an Italian-American woman. He admitted that he hid the relationship from his parents because his parents wanted Sohn to marry a Korean woman. However, they gradually discovered much in common with the bride's family. Director Peter Sohn said that Ember's character in the film "Elemental: Forces of Nature" is relevant to people's real lives (Kadiyan, 2022). According to Sohn, Ember felt the need to be a perfect child, considering her parents' struggle. When she wanted to continue her studies in art, Ember held back for fear of disappointing her parents. Ember's action resonates with many people out there who are going through the same struggles (Siswandini, 2023). Pixar's latest animated feature, "Elemental," introduces the character Ember Lumen -- a fire elemental with an

equally fiery attitude. While a hot-tempered personality naturally suits a character like this (reflecting the character that is made of fire), the film's director created a balance with Ember's personality. The disparity reflects Ember's character, who is prone to emotional outbursts yet also has an innate sincerity and reliability. Ember's character might be unlikable initially, but through personal growth (Vivian, 2023), she can make the audience change their minds and root for her. The success of Ember's portrayal owes to her voice actress, Leah Lewis, and her previous role in the "The Half of It" movie. The Lumen family is the leading family in the movie "Elemental." They are known because they are immigrants made from the element of fire. According to Friska (2023), the leading family profile makes for an exciting discussion. To understand the character, one cannot be separated from the situation and conditions of his family. Therefore, further discussion about each member of the family is crucial.

Bernie Lumen, Ember's Father

Bernie Lumen is a figure who plays an essential role in the Ember Lumen family at Elemental. As a famous father and shop owner, Bernie was stern, wise, and dedicated. As a figure respected by many people in his town, Bernie is an example for Ember in living life and running a shop. He always supports and motivates Ember, encouraging her to develop her potential and face challenges bravely. Bernie intends to retire and hand over his shop to Ember Lumen. However, when he finds out that Ember still has trouble controlling her emotions, Bernie decides to continue running the shop to keep everyone safe.



Figure 3. Bernie Lumen, Ember's father (Friska, 2023)

Cinder Lumen, Ember's Mother

Cinder Lumen is a mother figure who plays a vital role in Ember Lumen's life in Elemental. Cinder is wise and caring and deeply understands the power and responsibilities inherent in the Lumen family. As a good mother, Cinder always

shares her life experiences and gives valuable advice to Ember, especially on how to control her emotions well. Cinder is an inspirational example of Ember becoming a strong and wise figure. Cinder is a character who always supports and protects her family and provides love, support, and encouragement to Ember when facing challenges. Cinder's determination and courage as a mother became the pillars that gave Ember strength.



Figure 4. Cinder Lumen, Ember's mother (Friska, 2023)

Ember Lumen, The Child

Ember Lumen is the main character in Elemental's Lumen family. She is a young woman who possesses the element of fire. Initially, she had difficulty controlling her anger and emotions, resulting in uncontrolled fires that raised concerns about customer safety in the Lumen family stores. However, Ember did not give up and worked hard to learn how to control her emotions. Ember is determined to prove that she is capable of running the shop and preserving her family's legacy. Throughout her journey, Ember finds valuable support, and with her unwavering determination, she becomes an inspiring example. The presence of Wade Ripple, a city inspector from the water element, plays a significant role in helping Ember overcome her challenges and keep the family shop running. The story revolves around Ember's struggle to control her powers and protect her family and their legacy, and includes elements of romance, making it an exciting read in the world of Elemental.



Figure 5. Ember Lumen (Pramesti, 2023)

The film *Elemental* tells the story of creatures that represent natural elements in human life, such as water, fire, air, and earth. These elemental creatures reside in a city called Elemental City. The movie also depicts a forbidden love story between two main characters who possess different elemental powers: water and fire. The young couple, with their clashing elements, faces challenges in their pursuit of love and unity. Their story begins with a family of fire elemental creatures named Bernie and Cinder, who migrate to Elemental City. During this time, Cinder is pregnant with their only daughter, Ember Lumen. Due to their unique physical characteristics, they struggle to find a place to live among the other elemental creatures (Lestari, 2023).

After discovering an uninhabited area, the first-generation immigrant couple establishes their residence and opens a shop called Fireplace. As time goes by, more fire-elemental creatures settle in the area. To cater to the needs of the fire-creature residents, not only the fireplace shop but also numerous other shops begin to emerge. Bernie and Cinder age gracefully, prompting Bernie to inform Ember that the family shop will be passed down to her when she is capable of being a good manager. Ember Lumen desires to continue her father's legacy; however, her quick-tempered personality proves to be a challenge in managing the shop. Whenever Ember is overwhelmed with emotions, she unintentionally emits a large flame, causing items in the shop to catch fire. Following this incident, Ember's father advises her to learn how to control her emotions in order to continue running the shop. Ember makes efforts to heed her father's advice and eventually succeeds in managing the Fireplace shop (Dedi, 2023).

Due to the pressure of being the sole successor of her family shop, Ember experienced many problems caused by her customers while running the shop.

During an annual sale event at the shop, Ember could not control her emotions, and her shop was damaged. Ember tried to calm herself by going downstairs to her house. At that time, Ember found a small hole in the pipe that was causing water leakage. Because Ember did not want to disappoint her father as the new store manager, she tried to fix the leaking pipe. However, the leak got worse and flooded the lower floor of her house (Floretta V.D., 2023).

Ember meets Wade, who is a water elemental creature. Wade was inspecting a water flow in the city when he was suddenly taken away by the water that flooded the Fireplace. The incident of water flooding causes Wade to record it as a violation of the shop building structure. Ember undertook different measures to effectively resolve her problem, driven by her desire to avoid upsetting her father. Ember and Wade often met together to solve the problems that Ember created. After several encounters, the two characters felt a spark of compatibility between them. As a water elemental, Wade has a more laidback, fun, and entertaining character. Wade is different from Ember, who is easily emotional, quickly gives in, and has difficulty understanding other people's feelings.

Ember discovers that her dream is not to become the successor of her father's fire shop but to become a glass master by using Ember's unique qualities as a fire elemental creature. After meeting Wade, Ember understands how to express her emotions well. Even though they know that they come from different elements and it is difficult to unite, they believe that the elements of water and fire can unite (Monita, 2023). Their love is complicated for other elemental creatures to accept because different elements would not be compatible, including Ember's father, who strongly opposes their relationship. Apart from that, the problem of pipe leaks in the fireplace area got worse, leading to a huge incident that caused the city area inhabited by the fire elemental characters to be filled with water. Ember also tried to take responsibility for the problems she caused. Wade tried to help Ember until they finally united and became the first pair of water and fire elements in Element City (Lestari, 2023).

Implications of Islamic Theology for the Ember Character in the Film Elemental: Forces of Nature

In the following discussion, the study identifies the psychological problems of the main character and examines how she resolves these issues, such as anxiety and fear, and the application of Sigmund Freud's psychoanalytic theory. According to Freud, ordinary people's personality structures, such as the id, ego, and superego, work in balance. However, the imbalance of the three personality structures leads to abnormal behavior. For example, when a person cannot control their ego because their strong desires come from the id, the superego is weak, and vice versa, they will not feel guilty, anxious, or afraid (Irawan et al., 2023). Freud added that anxiety is an unpleasant feeling or condition accompanied by physical sensations that signify danger (Sari et al., 2023). The present study found that Ember's personality structure was not balanced in the movie.

At the beginning of the movie, Ember Lumen's personality structure does not strike a balance between her id, ego, and superego. The character is a young woman with the element of fire and anger management issues. Uncontrolled fires frequently occur, raising concerns regarding the safety of visitors and the safety of the Lumen family shop. Nevertheless, she perseveres in her efforts to acquire the ability to regulate her emotions. She aspires to demonstrate competence in managing the establishment and safeguarding the family's legacy.

Ember is a girl who rarely expresses her desires in life. She only lived under the guidance of her parents and followed their wishes until she met a man with the water element character, Wade, who changed her life (Pramesti, 2023). According to the movie director, Peter Sohn, Ember's character is relevant to people's lives in the real world. Considering her parents' great struggle, Ember feels the need to be a perfect child. When she desired to continue her art studies, Ember held back for fear of disappointing her parents (Siswandini, 2023). On her journey, Ember tries to find valuable support in the reality of her life's journey. With her tireless determination, she is an inspiring example. The story of her struggle to control her powers and protect her family and legacy shows that she is trying to improve her personality. Wade, a city inspector from the water element, becomes an important figure who helps Ember overcome problems and keep the family shop operating (Cusson, 2023).

In Islam, human beings were created by Allah in the most ideal form, including their physical and spiritual characteristics, body shape, and life. Therefore, *an-nafs* (soul) as human essence is divided into three parts: *Al-Nafs al-Muthmainnah*, *al-Nafs al-Lawamah*, and *al-Nafs al-Amarah*. These three forms of the soul were never explained by Freud as he views religion as the cause of neurosis that threatens human life. Therefore, Islam emphasizes that Freud's psychoanalysis is seen as lacking the touch of aesthetic or inner values of the human soul, thereby causing dryness in the human soul (Irawan et al., 2023).

It is unsurprising that in the film's depiction, Ember's character often harbors complaints inside. However, on the outside, she appears to have a stable character and seems to be a person who is obedient to her parents thanks to her cleverness in keeping something burning in her heart, or in other words, being good at hiding anxiety in her heart. It is essential to consider Benlahcene's opinion (2023) that religion is a critical component of civilizational values, serving as a medium for the formation of individuals and groups, organizing human thought toward spiritual objectives, establishing moral laws that provide meaning to human life, and realizing the relationship between God and humans. A religious person will gain peace of mind in life.

Ember Lumen has a relationship with another character whose element conflicts with hers: Wade from the water element. Wade is defined as a character who is involved in every scene of the movie. He tends to be more talkative with certain life goals and believes every day should be enjoyable. Wade taught Ember how to enjoy life, believe in herself, and the possibility of making her wish come true.

After the two characters meet, Ember becomes perfect and stable, both in appearance and the depth of her heart (Pramesti, 2023).

According to Islamic theology, every human being is born and created in pairs, and God has given humans feelings of love, lust, and reason. It is also human nature to be a social creature who cannot live alone. One lesson in the movie is that different elemental characters complement each other (Zarnuji, 2023). The overflowing character of Ember finds peace and tranquility after meeting the water character in the cheerful figure of Wade. The difference between personalities in the couple shows that diversity is God's way of establishing a relationship with mutually complementary relationships. No partner is perfect, but having a partner is a medium to perfection (Syam, 2023).

Another medium discussing a similar topic is the poem, *Paradise Lost*, by John Milton. The literature shows that a woman, portrayed as Eve, causes a man's fall. Eve, a secondary and impermanent creation created from Adam, is generally considered the source of sin and the temptations of the flesh as the main reason for humanity's fall from God's favor. The significance of the human couple's separation, which appears to be the catalyst for humanity's downfall, and the seduction of Eve by a malevolent demon when she was alone are also factors to be considered. This tragic situation brought both punishment and reward for Adam and Eve. The reward initiated by Eve is the fall from a state of perfection into a state of human reality, which occurs within the framework of Eve, and then Adam crosses the boundaries determined by God. The couple try to support each other and return to the Garden of Eden (Mizikyan, 2023).

According to Ruden (2023), clarification of God's instructions to the ancestors of humankind – Adam and Eve – regarding daily living and food consumption in Eden as God's first choice for a healthy lifestyle is proof of the importance of these instructions for human survival in the 21st century. For the first people created by the Almighty God, who settled in the Garden of Eden, the Creator of the Universe established daily guidelines regarding life and food, which they followed consistently for seven years.

The way of life and nutritional standards established by God enabled Adam and Eve to have superior spiritual and physical strength, brilliant minds, pure hearts, and good intentions. The characters pursue to live in harmony with the world of plants and animals around them and to see and communicate with God, who enlightens and develops their minds and protects them with God's grace. The two characters master the knowledge of God altogether. God's instructions to the ancestors of humankind – Adam and Eve in Paradise – regarding their way of life and edible products should be interpreted. According to God's instructions, the current individual and societal health crisis is the first model of a healthy lifestyle. Obedience to these commandments of God remains of utmost importance.

Relationship Between Nodes

The relations between nodes of characters in the Elemental movie are displayed in Figure 6.



Figure 6. Relationship Between Nodes

The network diagram in Figure 6 depicts the relationships between nodes in a qualitative analysis using NVivo for the movie "Elemental: Forces of Nature." The central node, "Elemental_Forces_Of_N," is at the center of the diagram and connects all the other sub-nodes, indicating the central theme of the analysis. Each sub-node is connected by a line showing the relationship between "Child" and "Codes," suggesting that each trait or characteristic analyzed is part of the central theme and has been coded as part of the research.

The father character was linked with sub-nodes "Wise," "Dedicated," and "Respected," which describe essential traits of the father character in the story. The mother's character is connected to the sub-nodes "Caring," "Supportive," and "Wise," which portray the mother's role in providing care, support, and wisdom in the family (Mustafiroh et al., 2023). The daughter character, Ember Lumen, has sub-nodes such as "Intelligent," "Enthusiastic," and "Difficult To Control

Emotions," reflecting Ember's main traits.

Other nodes include the "Other" category, which consists of the sub-nodes "Casual," "Fun," and "Supportive," which may refer to other characters such as Wade. The support theme appears several times in the diagram, indicating that support is an important theme analyzed from various character perspectives. The interconnections between these nodes indicate that each trait or characteristic stems from a central theme, illustrating that different character elements contribute to the story's main narrative and overall theme. This diagram provides insight into how each character and trait interacts and shapes the dynamics in the film.

Daughter (Ember Lumen)

Ember Lumen has the traits "Difficult to Control Emotions" and "Intelligent," which are in line with the analysis in the text where Ember's struggle to regulate her emotions is a central theme. Ember's fiery temperament reflects the elemental nature of her character and is explored through the perspectives of psychoanalysis and Islamic theology. According to Freud, the inability to balance the id, ego, and superego can lead to internal conflict that manifests in uncontrollable behavior (Freud, 1923). In Islamic theology, this imbalance can be overcome by achieving *nafs muthmainnah*, namely a calm and balanced mind (Irawan et al., 2023). The trait "enthusiastic" reflects Ember's energetic and ambitious personality, which is also mentioned in the text regarding her desire to be capable of managing the family business.

Mother (Cinder Lumen)

Cinder Lumen is described as "caring," "supportive," and "wise." These traits reflect the mother's role in helping Ember overcome her emotional struggles. According to the theory of the mother's role in child development, emotional support and guidance are essential in shaping the child's emotional well-being (Bowlby, 1988). In this case, Cinder provides consistent attention and affection to Ember, ensuring that her daughter feels supported in life's daily challenges. Cinder's wise guidance and advice help Ember to control her fiery emotions and find ways to channel her energy more constructively.

In the text, Cinder provides guidance and support that reflects traditional maternal roles that contribute to Ember's development and emotional maturity. As a mother, Cinder is an emotional support and an example of wisdom that Ember follows. Cinder's support helps Ember develop the interpersonal skills and coping strategies necessary to deal with difficult situations. Previous research shows that caring and supportive mothers' roles significantly impact their children's emotional and social development, as seen in the relationship between Cinder and Ember.

Father (Bernie Lumen)

The father's attributes, namely "Wise," "Dedicated," and "Respected," are

depicted in the text through his role as a shop owner and community figure. Bernie Lumen is depicted as a role model for Ember, embodying wisdom and dedication. As a store owner, Bernie showed a high level of diligence and responsibility and he was respected by his community for his integrity and hard work. Bernie's wisdom in making decisions and giving advice to Ember reflects the role of a strong father in shaping the character and values of his children.

In previous research, fathers' roles as respected and dedicated figures often positively influence their children's aspirations and motivation (Pleck, 2010). The role model figure is supported by social role theory, which states that fathers are actively involved in their children's lives and significantly contribute to developing children's personalities and values (Lamb, 2004). Fathers such as Bernie facilitate their children's emotional and social development by being actively involved and setting a positive example, but they also assist their children in setting ambitious goals and pursuing their aspirations diligently. Bernie's interactions with Ember demonstrate how a father's positive presence and involvement can support a child's personal and professional growth.

Other Characters

Attributes like "Casual," "Fun," and "Supportive" likely refer to the Wade character, who is described in the text as embodying the water element with a more relaxed and laid-back approach to life. Wade's character contrasts with Ember's fiery nature, helping balance Ember's character and introducing a new perspective on life and self-understanding. In the context of Jungian theory, Wade's character represents an aspect of the "anima" that brings emotional balance to Ember's more aggressive or "animus" (Jung, 1953).

The interconnections in the diagrams and detailed descriptions in the text provide a comprehensive view of how the characters' traits influence their interactions and development throughout the film. The analytical approach in this study highlights the characters' psychological complexities and places them within broader discussions of psychoanalysis and theology. The paper illustrates how individual characteristics contribute to broader thematic elements such as conflict resolution, personal growth, and interactions between elements (fire and water, in this case).

This study reveals how the "Elemental: Forces of Nature" movie is entertaining and a medium for deep psychological and theological exploration. By integrating qualitative and quantitative approaches, this research offers a multidimensional perspective on how films can influence and reflect social and individual values while offering new insights into applying Freud's theory in different contexts and through the lens of Islamic theology. It proves the importance of media in shaping and reflecting human experience, providing valuable insights for future research in film studies, psychology, and theology.

CONCLUSIONS

"Forces of Nature" offers a rich narrative through the combination of unique characteristics and emotional complexity represented by the characters, especially Ember Lumen. As the main character with the element of fire, Ember depicts the deep internal struggle between the id, ego, and superego within the framework of Freud's psychoanalytic theory. The clash between Ember's characteristics and Wade's from the water element adds a dimension to the narrative, illustrating how differences can give birth to harmony and deeper understanding. Ember, depicted as a figure who initially has difficulty controlling her emotions but is full of enthusiasm and intelligence, reflects the struggles of many individuals in modern society. Through an Islamic theological perspective, this research explores how Ember achieves balance in her personality. In Islam, the concept of *nafs* or soul is divided into three aspects – anger, *lawwamah*, and *mutmainnah*. The three factors offer insight into how balance can be achieved through an internal struggle between worldly desires and the search for spiritual satisfaction.

Ember's interactions with Wade enhance her character and serve as a metaphor for Islamic theology's emphasis on balance and harmony in life. The encounter and contrast between fire and water elements illustrate how internal and external conflicts can be overcome by seeking deeper meaning and purpose. The significance of contrast on character is also emphasized in Freud's psychoanalytic theory, which highlights the importance of balance between the id, ego, and superego. This study also underscores how film narratives can reflect broader social and cultural conflicts, intergenerational struggles, and cultural differences from the perspectives of immigrants, as experienced by Ember's family. The portrayal aligns with the inspiration drawn from the film's director, Peter Sohn, whose own experiences as a child of immigrants influenced the creation of Ember's character and her family dynamics.

This study has several limitations that should be acknowledged. The first limitation is that the present analysis focuses on a specific film, "Elemental: Forces of Nature," which may not fully represent films with similar themes and characters. Therefore, the generalization of the study's results to other films with different genres or themes should be approached with caution. The present research employs qualitative methods that rely on the researcher's subjective interpretation, which may vary from the interpretation of other viewers. Furthermore, the data used in this research is sourced from film scripts and related writings, which may only cover certain aspects of the characters and dynamics visually portrayed in the film. Suggestions for future research that could broaden the application of other psychological theoretical frameworks include incorporating additional Freudian theories, such as Jungian analytical psychology or Adlerian individual psychology frameworks.

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